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Celebrity Pg18

Oprah rakes in $385M to top TV list

'Painful' loss of only child

Father mourns death of 24-year-old daughter found slain in boyfriend's house

NEIL MACKINNON
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A Calgary father is mourning the loss of his only child.

Sarah Nicole Rae, 24, was found murdered in her on-again, off-again boyfriend's townhouse in the 6100 block of 4 Ave. NE Sunday morning around 5 a.m. when Calgary police and EMS showed up to check on her welfare.

"If you've never had children, I can't even begin to tell you to imagine how painful losing your only child is," said Sarah's father, Gordon Rae. "Then, if it actually happens, it's a thousand times worse that you could have ever thought."

Police released few details yesterday but Staff Sgt. Patty McCallum said there were no signs of sexual assault and Rae's former boyfriend of four years had "been home for a period of time, left, and when he came back, he discovered the deceased."

He then called police. The man has been co-operative with investigators, McCallum said, and police are still trying to track down information on Rae's whereabouts prior to her death.

Rae, a guest in the house, was Calgary's 21st murder victim this year.

"Anyone who knew Sarah knew she was a good person," her father said.

Police are also searching for clues in the 20th homicide of 2008, but their investigation is being "stymied" by a lack of help from the public, said McCallum.

"As a community we have to step together, keep together collectively and move forward so that we can take back our communities and stand up to this type of behaviour," she said.

A 17-year-old man was stabbed to death in what looks to be a targeted attack July 30 at Manora Place NE.

Cause of death

- While an autopsy was conducted yesterday morning, police wouldn't release the cause of death citing investigation purposes and no one is in custody.

Body found by river bank

INVESTIGATION City cops are investigating after a body was found by a cyclist along the river bank by the Calgary Zoo yesterday.

Fire crews were called in just after 7 a.m. to remove the body from the water. Insp. Dave Wood said foul play is not suspected. The man is believed to be middle aged and was wearing casual clothing. He didn't appear injured and may have been in the water for some time. METRO CALGARY

Canada page 6

Bus suspect: 'Please kill me'

Travel page 15

Sapphire digs in Sri Lanka

Hogs and dogs

Bike's got bite

ROBIN KUNISKI/FOR METRO CALGARY

Morley Brown and his Border Collie pal, Sasha, 3, rumble around town on Morley's motorbike. The pair travel together with Sasha's special seat, and garner a lot of attention when they do.

Two groups of climbers rescued from Banff park

MOUNTAINS Banff National Park was a dangerous place for Calgary mountain climbers Monday as two separate groups found themselves in need of rescue.

Around 11:30 a.m., a Calgary climber fell nearly 100 metres off Mount Bell and mountain safety specialist Mike Grande, who helped rescue the man, said the victim's climbing partner traversed tough terrain to apply preliminary first aid and set off a personal locator beacon and likely saved the man's life.

"There are a lot of what-ifs, but if his partner wasn't there, it's pretty safe to say things wouldn't have gone so well," Grande said.

By the time Grande and park staff-support arrived, the man lay unconscious and bleeding profusely from the head.

He was flown by STARS air ambulance to Foothills Hospital and is in critical condition.

Just as Grande was finishing the rescue, another call came in from tourists who said they heard continuous cries for help near Mount Temple where a group of three Calgary climbers were stranded and one had an injured hand from trying to grasp a rock, which rolled over.

"It was definitely a little bad luck for everyone," said Grande, noting all of the climbers in both instances were quite experienced and well-equipped to deal with the adversity they faced.

"But the scale of these rescues is pretty rare for us."

NEIL MACKINNON/METRO CALGARY

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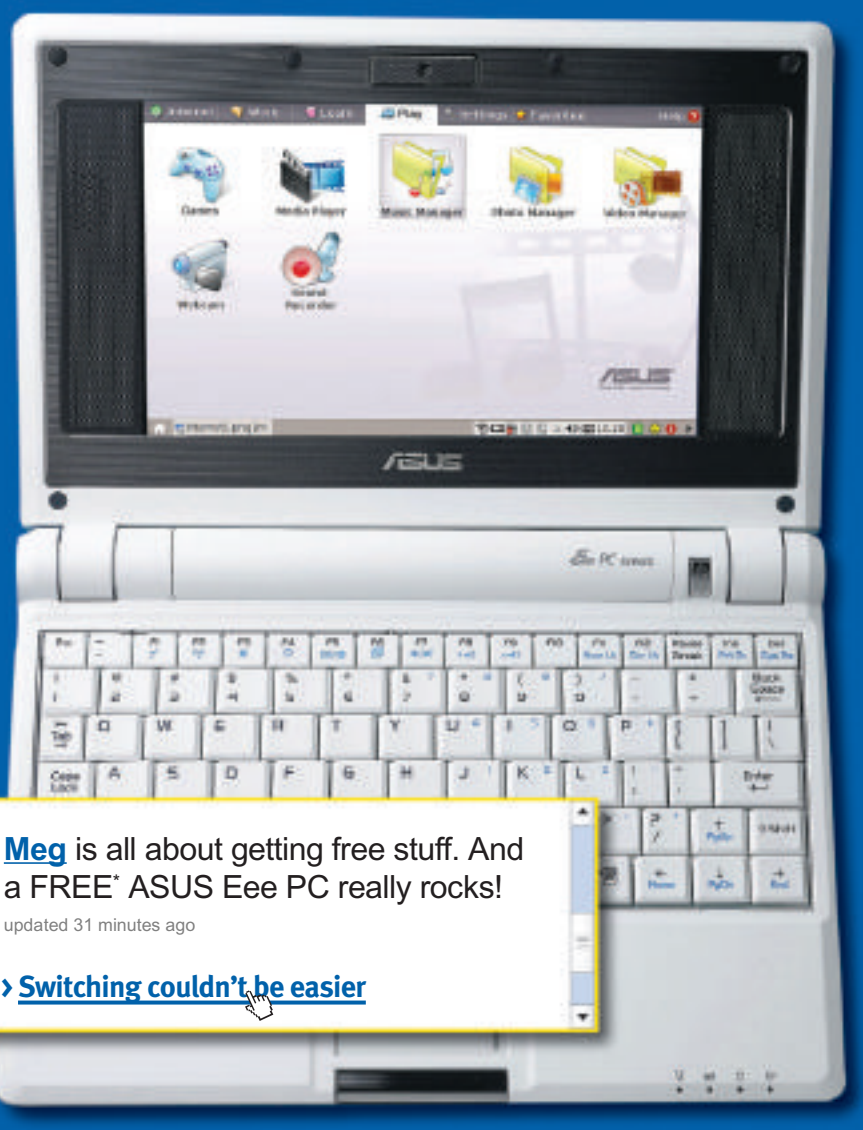
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No vacation for the highway patrol
The Alberta Sheriff Highway Patrol had a busy long weekend issuing 2,047 tickets to motorists, most of them for speeding. There were a total of 105 sherriffs patrolling the provincial highways. METRO CALGARY

Local

CATS

Memories ...

The production of Cats is clawing its way back to Calgary next month. The popular musical will play eight performances at the Jubilee Auditorium from Sept. 23 to Sept. 28. Tickets go on sale at all Ticketmaster locations on Monday at 10 a.m. METRO CALGARY

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Deadly driving lesson

‘Close family’ instructor killed, child injured

NEIL MACKINNON
neil.mackinnon@metronews.ca

The woman who killed her driving instructor and hit a four-year old girl had no licence or learners permit, Calgary police said yesterday.

At about 8:29 p.m. Monday, a 24-year-old woman receiving driving lessons on the 100 block of Saddlecrest Close NE from a person police said was “close family,” rapidly backed out of the front driveway, striking a house on the other side of the street and losing her bumper.

Staff Sgt. Brett Marklund said the driver was “absolutely panicked when it started moving and it didn’t get any better after she hit the first house.”

The car then sped forward, hitting the 29-year-old instructor, who was on the sidewalk and suffered critical abdominal, head and chest injuries before moving back to the driveway where she hit the four-year-old, who sustained minor injuries and was sent to the Alberta Children’s Hospital.

While alcohol and speed weren’t factors in the crash, the matter now rests in the hands of the Crown prosecutor as to whether criminal charges are in the “public’s interest,” Marklund said, adding that teaching someone to drive shouldn’t be taken lightly.

“Driving instructor vehicles are properly equipped,” he said. “If you’re going to teach somebody in your own vehicle, you have to realize the limitations of that vehicle.

“It’s not an easy venture.”

OnlineVideos
metronews.ca

News in brief

FATALITY Speed and alcohol may have been factors in the death of a 19-year-old woman who was thrown from a motorcycle and into the backseat of an SUV Monday at the intersection of 12 Street and 8 Avenue SE. Traffic Section Staff Sgt. Brett Marklund, said charges may be pending for both the driver of the SUV and the motorcycle.

HOCKEY APPEAL A Calgary hockey player sentenced to 30 days in jail for assaulting a linesman after the game has appealed his sentence and won’t have to serve his time yet. Robert Joseph Simard’s sentence was stayed yesterday pending the appeal, which is scheduled for Nov. 28. METRO CALGARY

Trans Canada **Twinning**

TODD KOROL/REUTERS

Prime Minister Stephen Harper, at the gates of Banff National Park yesterday, announces the further twinning of the Trans-Canada Highway in the national park.

Woman charged with mail theft

A former Canada Post employee has been charged after numerous complaints about missing and stolen mail.

An investigation led to the arrest of 43-year-old Lorraine Lucy Mascarenhas in connection with several thefts of mail after various complaints filtered in to police between July 20 and July 22.

After conducting a search warrant, police found over 200 pieces of opened and unopened mail in the suspect’s home. METRO CALGARY

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What’s online today.

Watch an interview with one of the stars of Spamalot, a video on the launch of the final installment of Stephenie Meyer’s Twilight Series and a report on a Winnipeg police shooting that has the native community seeking answers
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Fire determined as accidental
Fire investigators have determined a fire on a two-story home on Wednesday in the 1900 block of 5A St. SW was accidental in nature due to a malfunctioning kitchen appliance. Damage estimates are approximately $15,000 for structure and $10,000 for contents. METRO CALGARY

Public debut for baby giraffe

ON DISPLAY The Calgary Zoo's tallest newest attraction made her week-long awaited debut yesterday in front of excited animal lovers.

The yet-unnamed baby giraffe and her mother Carrie were allowed out into the public's view, although separate from the rest of the giraffe herd.

"She'll be able to come and go as she pleases as long as it's warm enough, and that will provide her with more exposure to the herd, and vice versa," zookeeper Mona Keith said.

Keith said the other giraffes have all been able to see the new baby and it will just take some time for them all to get used to the new dynamic.

KRISTA SYLVESTER/METRO CALGARY

OnlineVideo
www.metronews.ca

Kensington 4th sexiest hood

Trendy neighbourhood scores well on national scale

ALICIA FOX
for Metro Calgary

Kensington is bringing sexy back.

According to FastLife, Canada's largest speed dating service, the community of Kensington ranked fourth on a top 10 list of Canada's sexiest communities.

The sexy factor was based on how many of those speed daters got a "yes" vote after eight minute speed dating sessions and tallied according to postal code.

"It's the higher end...That's the thing about location I was looking for"
Jill Kernohan

Areas with more sexy people ranked higher.

But while the people might be attractive, the community itself has a trendy, eclectic feeling, said Jill Kernohan from MissChiff's Closet, that draws unique shops like hers to the area.

"It's higher end," she said. "That's the thing about location I was looking for."

She said she sees a lot of single people come through her store and can see why single people, like speed daters, would gravitate towards Kensington.

Simply put, it's a place to see and be seen, and places like Higher Ground, she said, make it an attractive meeting place for singles, too. Lower Mount Royal also did well, coming in at seventh place, while Calgary overall has a modest sexiness about it – as a city, we ranked third in Canada.

The most eligible bachelors hailed from Edmonton; however, the women there the scored lowest.

ROBIN KUNISKI FOR METRO CALGARY

Laura Tomlinson, 19 and Brendan Eden, 20, stroll through trendy Kensington yesterday afternoon. The inner-city borough is considered one of Canada's sexiest communities.

ranking sexy

Top sexiest cities in Canada
1.) Winnipeg
2.) Vancouver
3.) Calgary
4.) Toronto
5.) Edmonton
6.) Montreal
7.) Ottawa

Neighbourhoods:
1.) Yaletown
2.) Vancouver
3.) Yonge & Eg (Toronto); Osborne V (Winnipeg)
4.) Kensington
5.) Mile End (Montreal)
6.) West Van
7.) Lower Mount Royal
8.) Plateau
9.) Riverdale
10.) St. Lawrence

Aid agency calls for help

KRISTA SYLVESTER
Metro Calgary

FINANCES An integral aid to families in need, a cash-strapped city resource centre might be forced to shut its doors to those in need if they don't get financial help.

The Sunrise Community Link Resource Centre located in the heart of East Calgary assists men, women and children facing poverty from 17 diverse communities, says junior advocate Tracey Livingstone.

"A lot of our clients come to us at their low point, and I think a lot of them would be lost without us," Livingstone told Metro.

The centre helps provide their clients with referrals to almost any aid agency in the city, and provides ways to empower their clients. The closure would affect 1,100 people a month, Livingstone added.

One client, 59-year-old Ron Perry said the agency has always been there for him.

"Sunrise has helped me get my life back. They are always there to listen to my troubles, and they always know who can help," he said.

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News in brief

SERIOUS CRASH The man who blew two red lights in an unregistered minivan around 1:13 a.m. Sunday at the intersection of 32 Ave. and 68 St. NE may have been drunk when he hit a car and killed both himself and the passenger of an SUV, Calgary police said Tuesday. Traffic Section Staff Sgt. Brett Marklund said police won't know for sure until toxicology results come in but EMS personnel smelled alcohol at the scene of the crash which killed two men and sent another two to hospital.

BLACK BEAR A black bear trapped on Sunday in Banff has been identified as the bear that attacked a woman earlier this month. DNA tests confirmed the match and the bear has been destroyed because of the chance it could attack another human.

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Packard automobile brand up for sale

A Canadian couple is seeking to sell the rights to the defunct luxury automaker Packard along with a high-end prototype car, with the hopes of resurrecting the legendary brand. They are asking $1.5 million for the name and trademark that dates back to 1902. **REUTERS**

Canada

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Dr. Steven Laviolette of the University of Western Ontario speaking about manipulating receptors affected by cigarettes.

Smokers

Canadian researchers have found they were able to control an area of a rat's brain that enjoyed its first exposure to nicotine and make them repelled by it.

'Please kill me': Suspect

A man accused of killing, decapitating and eating the flesh of a fellow passenger on a Greyhound bus in Manitoba shook his head and said "Please kill me" yesterday when a judge asked him if he wanted a lawyer.

Vince Weiguang Li, 40, was otherwise silent, staring at the floor and swaying side to side with hands clenched, as the prosecutor recounted the grisly details of the killing at a court hearing in Portage La Prairie, Manitoba.

Judge Michel Chartier ordered Li to undergo psychiatric tests to see if he is fit to stand trial on second-degree murder charges.

Li's remark was barely audible but was repeated outside court by duty lawyer Randall Janis, who stood beside him during the proceedings.

FRED GREENSLADE/REUTERS

Vince Weiguang Li, left, suspect in the murder of Tim McLean aboard a Greyhound bus in Manitoba, is escorted by sheriff officers on his way to a court appearance in Portage la Prairie yesterday.

Prosecutor Joyce Dalmyn said Li, who immigrated to Canada from China in 2001, stabbed to death his sleeping seatmate, Tim McLean, in an unprovoked attack aboard the bus, which was rolling along the TransCanada Highway about an hour's drive west of Winnipeg, Manitoba.

She said there was no link between Li and McLean.

Police found a severed ear, nose and mouth in a white plastic bag in his right front pant pocket when Li was arrested, Dalmyn said.

REUTERS

Man in court after violent attacks

VANCOUVER A man accused of hitting nine people with a hammer during a random violent rampage on a downtown street in Vancouver is undergoing a psychiatric evaluation.

Khalid Alzghoul, 31, of Vancouver is facing 17 charges in connection with the assault spree on one of the city's busiest streets Sunday night.

17 The number of charges Khalid Alzghoul is facing in connection with an assault spree that included hitting multiple people with a hammer.

The bizarre attacks occurred hours after the city's popular Pride parade as thousands of onlookers and partygoers were milling about on Davie Street. A man ran from stores to clubs to patios, hitting men and women with a hammer until bystanders tackled the suspect to the ground.

Police did not disclose the motive, but the hate crime unit is looking into possible links to homophobia. **TORSTAR NEWS SERVICE**

News in brief

B.C. SHOOTING Homicide investigators are canvassing Chilliwack, B.C., following a fatal shooting early yesterday morning that left one man dead and two people injured. Police have no suspects.

MACNEIL PROBE Rita MacNeil said yesterday she was as surprised as anyone to learn she was the target of RCMP undercover agents investigating the women's movement nearly 40 years ago. **METRO CANADA**

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'Bullet-proof bras'

Thousands of German police women will receive what media have labelled "bullet-proof bras." Made of white cotton and featuring the word "Polizei" (Police) along the seam, the bras are meant to better protect police women who wear bullet-proof vests. REUTERS

World

Olympic village free of 'frangers'

Boxes of free condoms had to be handed out at the 2004 Athens Olympics after contraception ran out at the previous Games in Sydney, but in Beijing, some athletes are disappointed to find the condom gift-bags lacking. I haven't seen any bags of frangers," said world champion rower Amber Halliday, using a slang word for condoms from her native Australia. "But the Australian Olympic Committee has a big bowl out on the table and you can help yourself." REUTERS

Gotti Jr. faces drug, murder charges

CRIME John "Junior" Gotti, the accused Mafia boss who beat federal charges three times by having cases end in mistrials, was indicted yesterday on conspiracy charges including murder and cocaine trafficking.

John Gotti Jr.

A judge denied Gotti bail after federal authorities arrested him at his Long Island home on suspicion of conspiracy to traffic cocaine and the murder of three men between 1988 and 1991. The indictment was unsealed in Tampa, Fla., and Gotti may face trial there. REUTERS

Tight security greets torch in host city

Olympic flame also tours quake-hit region

The Olympic torch arrived in China's capital yesterday after a jubilant reception in the quake-ravaged southwest, as Beijing tries to choreograph a happy ending to its troubled international tour.

Beijing's residents have been warned they will face sweeping security to prevent any more trouble — and bad publicity — on the last leg of the tour ahead of Friday's opening ceremony.

"This is the pride of the Chinese people," worker Xu Min said amid cheering crowds watching the flame in Chengdu, capital of quake-hit Sichuan province where 70,000 people died.

"This is the pride of the Chinese people."
Xu Min, worker

But far to the northwest, questions about dissent and China's human rights record refused to go away, after suspected Islamist separatists killed 16 policemen on Monday in what a senior local Communist Party official called a "terrorist attack." Riot police flooded the streets in the old Silk Road city of Kashgar and stopped cars. Exiled dissident groups said many local Muslims had been rounded up, and some beaten. Japan protested after police also beat up two of its journalists there.

Chinese and Olympics officials shrugged off the attack, assuring 10,500 athletes from 205 countries they would be safe.

The last leg of the Olympic torch's mammoth 130-day tour starts at Beijing's Forbidden City today, before being taken round landmarks like Tiananmen Square.

In a tradition introduced before the 1936 Berlin Olympics, the flame is lit from the sun's rays in ancient Olympia, Greece, then carried across the globe. REUTERS

Korea **Picking another Booger**

REUTERS/JO YONG-HAK

American Bernann McKinney holds one of five cloned puppies, the offspring of her late bullterrier Booger, upon her first meeting with them at the Seoul National University Hospital for Animals in Seoul, South Korea yesterday.

News in brief

STORM Tropical Storm Edouard plowed into a wildlife refuge on the upper Texas coast early yesterday, bringing driving rains and peak winds near 105 km/h, but leaving key energy installations mostly unscathed. Edouard was just below hurricane strength when it came ashore at the McFaddin National Wildlife Refuge, forecasters said. REUTERS

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Fed holds benchmark rates steady

The U.S. Federal Reserve maintained its focus on quelling persistent U.S. inflation pressure in the economy by keeping interest rates steady at two per cent. Investors were disappointed that there was only one dissenter to the Fed decision. **REUTERS**

Business

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EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Business in brief

DATA THEFT U.S. authorities charged 11 people from five countries with stealing tens of millions of credit and debit card numbers from major retailers, including TJX Cos., in one of the largest identity-theft schemes on record.

REFINERY Petro-Canada has begun closing down its 125,000 barrel per day refinery in Edmonton, ramping up to a full closure over the next week, as it launches a planned 60-day maintenance shutdown to tie in new equipment. **REUTERS**

Glamour at the Bay

HBC appoints veteran Brooks to head chain

The new head of Canada's oldest department store chain, Bonnie Brooks, will bring a sense of fashion, style and glamour to the job, observers say.

With 30 years' fashion industry experience, including stints at Holt Renfrew, the now defunct women's specialty chain Dylex and Flare magazine, Brooks completes a powerful triumvirate under HBC's new owners.

"She will bring a level of class or style that may not have been at the Bay before," said Toronto-based retail consultant Len Kubas.

Brooks

Brooks leaves a huge job in Asia where she was president of Lane Crawford Joyce Group, a 500-store luxury fashion retailer referred to as "the Harrods of Hong Kong."

Brooks has indicated one of her main tasks would be attracting more prestige brands to the Bay. **TORSTAR NEWS SERVICE**

Sony BMG disbands

BOUGHT Sony Corp agreed to buy Bertelsmann's 50 per cent stake in their Sony BMG music joint venture for around $900 million US, ending a four-year venture that never managed to beat the music industry's woes.

The music company — the world's second-largest after Universal — will now be called Sony Music Entertainment Inc. (SMEI).

Recording artists at SMEI will include Celine Dion, Alicia Keys, Bruce Springsteen, Justin Timberlake, Usher and Jay Chou. **REUTERS**

Plunging resource stocks hit loonie

SELL-OFF Canada's dollar fell to the lowest in nearly a year and the Toronto Stock Exchange tumbled along with it yesterday amid a major sell-off of resource stocks and commodities prompting some analysts to officially declare the end of the red hot commodity rally.

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Slowing down

CHERYL RAVELO/REUTERS

A woman checks her reflection as she uses a public phone in Manila yesterday. Philippine Long Distance Telephone Company, the country's dominant telecoms firm, said slowing demand has made it cautious about achieving its 2008 target.

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When: Friday, August 8th, 2008
Time: 12:00 p.m. - 4:00 p.m.
Locations: Service Canada Centre for Youth Office
510, 12th Ave. SW
Room 217

Come check out all the volunteer opportunities in Calgary.
Also information on Federal Government youth programs will be offered as well as post-secondary information and other resources for youth in Calgary.

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For more information call (403) 292-4001

Canada

Yankees' Chamberlain has shoulder woes
New York Yankees pitcher Joba Chamberlain left in the fifth inning of Monday's 9-5 loss to the Texas Rangers with a stiff right shoulder. The club did not reveal the results of the MRI, but has made plans for Chamberlain to visit Dr. James Andrews in Alabama. **METRO NEWS SERVICES**

Sports

Boller gets start in opener

Baltimore Ravens head coach John Harbaugh announced that veteran Kyle Boller, left, will be the starting quarterback for the team's preseason opener against the New England Patriots tomorrow in Foxboro. Boller is competing against former Heisman Trophy winner Troy Smith and rookie first-round pick Joe Flacco for the starting job.

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Jays wisely turned down Bay deal

YorkReport

Marty York
marty.york@metronews.ca

These would have been Bay Days for the Blue Jays had the club's decision-makers been willing to relinquish their top two prospects last week.

Front-office sources with the Pittsburgh Pirates told Metro yesterday that, before MLB's July 31 trade deadline, they made a two-for-one proposal in which they would have dealt Canadian all-star Jason Bay to Toronto for minor-leaguers Travis Snider and Brett Cecil.

The Jays mulled it over and declined. Snider is a power-hitting outfielder/first baseman. Cecil is a left-handed pitcher. Baseball America ranks the two as the Jays' most promising minor-leaguers.

Bay, a B.C. native, wound up in the Boston Red Sox' outfield as part of a three-way deal that sent the Pirates prospects and the Los Angeles Dodgers all-star outfielder Manny Ramirez.

Bay has excelled with Boston so far. He entered last night with six runs and a .315 average in 16 at-bats.

• Not that Ramirez has been slouching in LA. He entered last night with a .615 average and five runs batted in after 13 at-bats. And I'm sensing an all-L.A. World Series in October — the Dodgers and the Angels.

• The Stampeders and their fans are still fuming about their one-point loss to the Roughriders in Calgary Saturday night, partly because the officials mistakenly ejected linebacker JoJuan Armour after the game's second defensive snap and partly because some Saskatchewan fans in attendance refused to abide by the moment of silence devoted to ex-CFLer Leif Pettersen.

But it's the undefeated Riders who have filed an official complaint against Calgary, demanding league executives review what they considered an illegal, horse-collar tackle by the Stamps' Brandon Browner on the Riders' Carl Berman.

Should be an interesting rematch in Regina tomorrow, with Armour vowing that Rider running back Wes Cates won't come close to the 139 yards he gained last week.

• The Beijing Olympics will enable a Canadian website to become the world's first social networking company to make measurable income for sponsors.

"Online companies have long been trying to prove to sponsors that they can make money," said Shawn Saraga, president of www.freemyteam.com, the all-sports version of Facebook, "but we'll actually be proving it once and for all, without doubt."

The lowdown: Users can sign on at freemyteam.com, enter a code and collect $10 off at a Shoeless Joe's restaurant.

"Watch the Olympics there and cheer on our athletes," Saraga said. "It's a win-win. Shoeless Joe's makes money and our users save money."

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

Sports in brief

NFL Green Bay Packers quarterback Brett Favre has reportedly asked the team for his release. ESPN.com reported that Favre acknowledged that he was at loggerheads with the organization and believed the "best thing for this team is for us to part ways."

Favre

C10 DATELINE The Arizona Diamondbacks have reached an agreement on a two-year contract extension with pitcher Dan Haren. The extension will run through 2012 with a club option for 2013.

NFL Denver Broncos wide receiver Brandon Marshall was suspended for the first three regular-season games for a violation of the NFL's personal conduct policy.

METRO NEWS SERVICES

SCOREBOARD

MLB

YESTERDAY'S RESULTS
AMERICAN LEAGUE
Toronto 4 Oakland 3
Tampa Bay 8 Cleveland 4
Texas 8 N.Y. Yankees 6
Boston 8 Kansas City 2
Detroit at Chicago White Sox
Baltimore at L.A. Angels
Minnesota at Seattle
NATIONAL LEAGUE
Chicago Cubs 11 Houston 7
Florida 8 Philadelphia 2
Milwaukee 8 Cincinnati 1
N.Y. Mets 6 San Diego 5
Colorado 8 Washington 2
Arizona 3 Pittsburgh 1
L.A. Dodgers at St. Louis
Atlanta at San Francisco

TODAY'S GAMES
AMERICAN LEAGUE
Cleveland at Tampa Bay, 10:40
Baltimore at L.A. Angels, 1:35
Minnesota at Seattle, 2:40
Oakland at Toronto, 5:07
N.Y. Yankees at Texas, 6:05
Boston at Kansas City, 6:10
Detroit at Chicago White Sox, 6:11
NATIONAL LEAGUE
Milwaukee at Cincinnati, 10:35
Houston at Chicago Cubs, 12:20
Pittsburgh at Arizona, 1:40
Atlanta at San Francisco, 1:45
Florida at Philadelphia, 5:05
San Diego at N.Y. Mets, 5:10
L.A. Dodgers at St. Louis, 6:15
Washington at Colorado, 7:05

CFL

WEEK 7
TOMORROW'S GAMES
Toronto at Hamilton, 5
CALGARY at Saskatchewan, 8
FRIDAY'S GAMES
Montreal at Winnipeg, 5:30
Edmonton at B.C., 8:30

BASEBALL

GOLDEN BASEBALL LEAGUE GAMES FEATURING THE CALGARY VIPERS:
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Long Beach at **CALGARY**, 7:05

Doping
Russian race walker Vladimir Kanaikin tested positive for the banned drug EPO and has been suspended. He is the seventh athlete to be thrown off the Russian team in the past week. **REUTERS**

Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

China detains Tibet protesters

POLITICS Four foreign protesters displaying a "Free Tibet" banner in Beijing were held by police yesterday, state media reported and an activist group said, as the Olympic Games torch made its way through the city.

The protesters unfurled Tibetan flags and banners declaring "One World, One Dream: Free Tibet," Students for a Free Tibet said in a statement. **REUTERS**

Tomorrow's lineup

END IN SIGHT? Canada's track and field team has been shut out from medalling since 1996, but the drought could end this month. Read tomorrow's Metro for more.

2 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

High hopes for kayaker

Van Koeverden expected to medal in K-1 500, 1,000

MARTY YORK
Metro Canada

If you'd like to see Canada capture a gold medal in Beijing, you ought to focus your attention on Adam van Koeverden.

He's a kayaker from Oakville, Ont. And he's easily your best bet.

"The guy is definitely the stud of the Canadian Olympic team," says The Toronto Star's Olympic expert, Randy Starkman. "No one's got a track record like him going into the Games — Olympic champion, world champion, winner of five of six World Cups this season, newly minted record holder ... He's a favourite for the podium in both the K-1 500 and 1,000 metres."

Van Koeverden was also named Canada's flag-bearer for the opening ceremonies in Beijing.

And unlike past flag-bearing athletes, van Koeverden isn't bristling or suggesting carrying his country's colours could be detrimental to his success.

"It's a great honour," he said. "I just hope I don't let anybody down."

He hasn't done much letting down in recent years. He won the gold medal in the men's K-1 500 metres at the 2004 Olympics in Athens. And he believes that, at 26, he's in even better physical condition now. And he also thinks he knows what to expect from his competition.

He's won five of six World Cup races this summer — he won a bronze in the other — and all the events had him competing against the world's top kayakers. He raised his career total to 21 victories. He's never been beaten in the 500-metre competition.

"That means people will be formulating their racing and training plans in an effort to beat me," van Koeverden says, "but I'm cool with that. I think it's wonderful to be that guy."

STEVE RUSSELL/TORSTAR NEWS SERVICE
Kayaker Adam van Koeverden, 26, was recently named as Canada's flag-bearer.

On the web

- For more on Adam van Koeverden, check out his website at vankayak.com.

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Vancouver learning from China

From the laptop locks for reporters at the main press centre to the bus schedules and marketing schemes, Vancouver 2010 chief John Furlong is leaving nothing to chance. This is Vancouver's last opportunity to watch how the Olympics are done before the curtain comes down on the Beijing opera and the spotlight turns to British Columbia.

Furlong and 37 others from the Vancouver Organizing Committee are patrolling every nook and cranny of Beijing, learning everything they possibly can about the last Olympics that will be held prior to the Winter Games of 2010.

"Jacques Rogge (the IOC president) was in Vancouver a while back and he told us, 'The weight will fall very swiftly on your shoulders. Every minute, every day, every word you say will be written about, analyzed and editorialized. Just like that.'"

Furlong said facilities for the media are top of his mind.

"This is how the rest of the world comes face to face with the Olympics," he said. "The press centre and the broadcast centres are very important to us."

Furlong has noted the issues with fraudulent ticket sales in Australia as tickets for Vancouver will start being sold Oct. 3. He also expects to hear questions from IOC about the recent landslide that closed the highway between Vancouver and Whistler.

Furlong said there were considerably more Vancouver organizers in Turin for the Winter Games because there was more to learn. But it still will cost $600,000 to have 2010 officials stationed in China for the Summer Games, which start Friday.

Almost all the venues that will be used for the Vancouver-Whistler Games, including the new speedskating oval in Richmond, are finished. Organizers want everything ready as early as they can so all the venues will be fully tested, and so Canadian athletes can start learning the nuances of the various facilities to aid Canada's quest to finish first in the medal standings come 2010.

Asked if he's scared about following what everyone so far thinks is the best organized Games they've seen, Furlong said he's relying on the character of Canadians to make a big impression come February 2010.

"We have to be unique and special and spectacular in our own way," he said.

As much as he's impressed with the park at the north end of the Olympic Green in north Beijing — "it's three times the size of Stanley Park, with lakes and streams and rare trees; it's magnificent" — and with the sparkling venues, Furlong is anxious to see how the Chinese react if and when something goes wrong. **TORSTAR NEWS SERVICE**

"We have to be unique and special and spectacular in our own way."
John Furlong

STREETER LECKA/GETTY IMAGES
A man walks through the Olympic Green in Beijing yesterday.

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Automotive

A METRO JOINT VENTURE WITH: carguide magazine.com

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

TSX sticks to roots

Acura adds more appeal to its athletic tradition

The 2009 Acura TSX

BILL MCLAUCHLAN
for Metro Canada

While the 2009 version of Acura's TSX offers a lot more room, comfort, features and technology than before, it has managed to stay true to its predecessor's image of a light, nimble and athletic sport sedan.

The design looks more evolutionary than revolutionary. A wider, bolder stance certainly gives it a sportier flavour but it also sits on a longer 2705 mm wheelbase (a 35 mm stretch over the outgoing model).

Overall, its body is slightly longer than before and wider too — all of which translates into a generous driver-oriented interior with more hip room and shoulder space.

The new look is dominated up front by a chiseled 'signature' grille, sharp elongated headlamps and bold fender flares.

The overall shape is clean and crisp, with strong character lines helping to shape the side surfaces.

But what is really seen in the new look is a clue to Acura's future styling direction for its sedans.

A lighter, stiffer body, coupled with revisions to the front and rear suspension, brings a noticeable increase in agility, along with a flatter, more controlled ride, improved high-speed stability and reduced road noise.

The 201 horsepower, 2.4-litre four-cylinder engine brings improved performance. Though the power output is actually down a tad from the '08 model, its useable power comes across a much wider rpm range, while a titch more torque further strengthens pulling power at middle rpm levels.

This allows more response off the line and out of corners while maintaining its strength in the rpm range where the engine operates most of the time.

Two transmissions are available: a standard six-speed manual with revised ratios for better performance and an available five-speed automatic with a new lock-up torque converter assembly, steering wheel-mounted F1-style paddle shifters, and intelligent features such as Grade Logic Control and Shift Hold Control, which makes driving on hilly or winding roads more enjoyable.

The manual is more fun, naturally, but the automatic is well suited to the engine's traits too.

A thicker steering wheel rim with fingertip buttons for Bluetooth and voice activation controls is a new feature in the sophisticated and well-finished interior.

Standard features on the $34,200 base model include a sunroof, seven-speaker sound system, dual-zone climate control, power (heated) eight-way driver and four-way front passenger seats.

Moving up a notch, a mid-range $36,200 (with manual) Premium Package adds leather seats, XM Radio, automatic headlight, two-position memory driver seat and digital media auxiliary USB jack with iPod/iPhone compatibility. HID headlamps and fog lights improve functionality and add style.

For those with top-end tastes, the $39,000 TSX Technology Package adds a 10-speaker surround sound system with DVD-audio and also includes a satellite nav system with bilingual voice recognition and a rearview back-up camera.

There's no doubt the new TSX comes with lots of added appeal — enough to satisfy its loyal followers and tempt those who before might not have considered it.

2009 Acura TSX

Type: Mid-size 5-pass. sedan FWD
Price: $34,200 - $39,000
Engine: 2.4L L4 DOHC
HP: 201 @ 7,000 rpm
Torque: 172 @ 4,400 rpm

Highlights

- Ride smoothness and quietness
- Interior comfort
- Handling agility
- Sharp-edged athletic styling

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RATE COMPARISON

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Driving around cyclists

Rising fuel costs have encouraged soaring cycle use — so we are seeing bicyclists on the roads with many different levels of experience.

This can be a problem for drivers; we need to take extra care to judge their speed — as well as the road and weather conditions — from the new biker's point of view.

Remember too that some bike riders, particularly younger ones, have never driven a car, and so don't recognize the problems that they can cause car drivers. In an accident involving a car and a cyclist, whoever is to blame the cyclist will always be the more vulnerable to a serious injury.

sharing the road

To help prevent potential conflict here are a few pointers to bear in mind:

- Bike riders don't have steel armour round them like drivers do. Passing them at speed within a foot of their elbow may feel perfectly safe from where you are, but it is very disconcerting when you are the cyclist.
- In traffic, make sure you don't cut off a biker who is about to pass you on the inside. Don't try to cut across a cyclist when you need to turn right at an intersection. Wait behind the cyclist until the he/she has either turned right or passed the cross street.
- Park with care and don't open any door until you're sure there is no cyclist coming.

Business-travel blues
According to a survey by the National Business Travelers' Association, more than two-thirds of Canadian business travellers paid more for hotel stays in 2007 than in the previous year, while 40 per cent experienced car rental rate increases. **CALGARY.BBB.ORG**

Travel

Critter encounter

The Alaska SeaLife Center has launched a program called Marine Mammal Encounter, which lets visitors get up close and personal with resident sea lions and harbor seals including Snapper, a 400-plus-pound harbor seal. Guests can participate in a harbor seal training session with the centre's mammalogists. Visit *alaskasealife.org*. TRAVELALASKA.COM

TRAVELDESK@METRONEWS.CA

The sounds of the Marvellous City

LIA HAMA
Metro World News

Tom Jobim and Vinicius de Moraes' Girl from Ipanema is probably still the most famous Brazilian song in the world, and the first thing that comes to mind when you are strolling down the beachfront of Rio de Janeiro.

But the city that gave birth to bossa nova and samba has many other musical styles to offer visitors. As well as local pop-rock, hip hop and electronic music and the distinctive favela funk that originates from the shanty towns of Rio, there are many fusions of styles including samba-rock, electro-samba and bossa-jazz.

The seductive sounds of what Brazilians call the Cidade Maravilhosa, or Marvellous City, offer the perfect soundtrack for a visit to this vibrant city. Here's where to go to hear the best music.

CARLOS ALKMIN/FOR METRO CANADA

Gafieira Estudantina in Rio de Janeiro holds 1,500 people.

Samba

Lapa and Santa Teresa: Traditional samba saw a rebirth in the 1990s in Rio, with the opening of new bars in Lapa, the historical district that's home to the famous aqueduct, Arcos da Lapa.

A rising star intimately linked to this renaissance is Teresa Cristina and Grupo Semente, who perform in the area.

Two good places to see classic artists and new talent in Lapa are Carioca da Gema (Rua Mem de Sá, 79, Lapa. *barcariocadagema.com.br*) and Democráticus (Rua do Riachuelo, 91, Lapa).

MPB, bossa nova, rock

Circo Voador, Verão da Urca, Oi Noites Cariocas: A good setting to see MPB (Música Popular Brasileira, or Brazilian Popular Music) and local rock live concerts is Circo Voador (or Flying Circus), an outdoor concert venue on Rua dos Arcos, Lapa (*circovoador.com.br*).

In summer, the best venue is Verão no Morro, which happens on the mountaintop of Sugar Loaf complex, with a fabulous view of the city (Avenida Pasteur, 520, Praia Vermelha, Urca, *morrodaurca.com*).

Rock and MPB concerts there attract a well-dressed crowd from Zona Sul (the wealthy area of Rio). (Rua Rodrigues Alves, 10, Centro, *oinoitescariocas.oi.com.br*).

Funk

Favelas: Born in the favelas, Rio's bass-heavy funk is now part of the city's mainstream, attracting wealthy people as well as the favelas' communities. A famous baile (dance or ball) funk which attracts lots of tourists is Castelo das Pedras, in Jacarepaguá. (Estrada de Jacarepaguá, 3600, Rio das Pedras, *castelodaspedras.com.br*).

Gafieira

Lapa: Rio's old-school dance halls, the gafieiras, were established in the 1920s for the urban working class, but nowadays attract a young, trendy crowd. The most famous one is Gafieira Estudantina, which opened in 1932, holds 1,500 people. (Praça Tiradentes, 79, Centro).

Unearthing Sri Lanka's sapphires

TheTravelJunkie

Julia Dimon

thetraveljunkie.ca

JULIA DIMON/FOR METRO CANADA

No sapphires this time, only a few semi-precious stones that have little resale value.

It's a country of coastlines, religious festivals and tea plantations. Formerly Ceylon, Sri Lanka is home to some 21 million people who rock a lion on their national flag, love spicy curry, and — despite the huge popularity of cricket — boast volleyball as their national sport.

Day two of my weeklong journey finds me travelling from the urban sprawl of Colombo to the green rice paddies of the Sri Lankan countryside. From the comfort of an air-conditioned bus, I watch local life speed past.

Children skip to school in crisp, white uniforms. Women work among vipers in sugarcane plantations. Men dig around in the muck, searching for unpolished gemstones.

In the Ratnapura region, there are plenty of mining pits, hand-dug by teams of workers on the hunt for precious stones.

Sri Lanka is known as "the island of gems." It has a long history of gem mining and trading, dating back some 2,000 years. "This is one of the best places in the world to buy sapphires," my guide says. I ask if we can stop to check out the mines, then hop out of the bus and descend upon the crew of nine.

Teeth stained red from betelnut (a popular chewing-tobacco-like stimulant), they kindly take me through the gem-mining, or "gemming" process.

With rudimentary machines that sputter and smoke, they dredge for deposits. As with panning for gold, they take a rattan basket and swirl it around, trying to extract the valuable gems from the clay, gravel and sand. This job places them into waist-high water, and knee-deep mud as thick as cement.

As I survey the workers, many look injured — one has a cut over his eye, another a bloody bandage covering his big toe.

And they only get paid if they find something worth selling. The investor, who gets 50 per cent of any revenue, is the only one allowed to sort through the day's finds. The team watches eagerly as he picks at the gravel. No sapphires this time, only a few mature semi-precious stones with little value.

I have a new appreciation for sapphires, and, more importantly, for those who toil to find them. I'm truly amazed at the blood, sweat and time it takes to get the gem out of the ground and on its way to your jewelry case.

Julia Dimon is co-host of Word Travels, airing on OLN, and editor of thetraveljunkie.ca.

We believe in finding the beach before the sun sets.

TELUS
the future is friendly®

Lie to Me, Williams says
Kelli Williams, best known as The Practice's feisty Lindsey Dole, will join Tim Roth in the human lie detector business, in the Fox pilot Lie to Me. MTVGUIDE.COM

Entertainment

Ugly guests
Live with Regis and Kelly co-hosts Kelly Ripa and Regis Philbin will appear as themselves on the Sept. 25 premiere of Ugly Betty.
E! NEWS ONLINE

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

The cult of friendship

JIM REYNO
Metro Canada

Carmen, Tibby, Bridget, Lena — and you. You don't have to squeeze into the jeans to be part of the Sisterhood.

"The idea of there being four equally weighted protagonists, it makes you feel like you're part of something," Ann Brashares said about the appeal of her bestselling teen series The Sisterhood of the Traveling Pants. "You're almost part of this group, this sisterhood. It feels communal and welcoming, this governing spirit of a very deep and unconditional friendship."

Brashares, currently promoting the movie Sisterhood of the Traveling Pants 2, believes in bonds. It seems sisters don't have to do it for themselves.

Ann Brashares is the author of the Sisterhood of the Traveling Pants series. She says friendship can feel like a real sisterhood.

The second Sisterhood movie, which opens today, draws from the final three books in the series.

"I feel like it was a difficult job to pull that together, and that they really managed to do it," Brashares said about Pants 2.

There may not be another Sisterhood movie, but the story lives on. In January, 3 Willows: The Sisterhood Grows is scheduled to hit the shelves. In the book, Brashares continues her exploration of women maintaining friendships while growing into separate, individual lives.

But the exploration will be in a familiar context.

"It takes place in the same world as the Sisterhood of the Traveling Pants books, but there are new characters," Brashares said about 3 Willows. "There are many, many things that are familiar, even little cameos of old characters. They grew up in the same town, and they are starting the same high school where the Sisterhood of the Traveling Pants girls went"

Brashares, who published her first adult novel last year, has no problem revisiting the Sisterhood — as long as it's on her terms.

"I don't want to feel like I have to keep going back to the same thing because that's what people want from me," she said. "I want to be able to continue to grow as a writer, to do new things, to try new things.

"And when the spirit moves me to write about a character I've written about before, I want to have the freedom to do that."

Big cheer for Pants 2

JIM REYNO
Metro Canada

The Sisterhood of the **Traveling Pants 2**

Director: Sanaa Hamri
Stars: America Ferrera, Blake Lively, Amber Tamblyn, Alexis Bledel
Classification: PG13
Rating: ●●●

There's a telling, tense scene early in Sisterhood 2 where America Ferrera, Blake Lively, Amber Tamblyn and Alexis Bledel gather to renew the ritual of the traveling pants.

The pants (as you would know if you're familiar with the first movie or Ann Brashares's series of novels) miraculously fit all four friends. They pass them off to one another, and stay close at the same time. It's a common bond for the four unlikely but likeable friends as they take separate paths to adulthood.

But hang on — those jeans (and those friendships) appear to be fading fast. The ritual has become tiresome for three of them, and it looks like the BFFs might be DOA.

And so Sisterhood 2 explores how the foursome handle increasingly adult responsibilities in their ever-separating lives, all the while struggling to maintain their childhood friendships. There's a lot of life packed in to the four lives: a pregnancy scare, relationship issues, coping with death, family bonds, new love vs. old flame, a new career … The stories of their lives are intercut, and Hamri generally does a good job of giving each story the right amount of room to push the plot along.

At the end of the day, Sisterhood 2 is a big cheer — hooray for the friends as everything works out (of course). In reality, most of us do change and outgrow our childhood friendships. That catchup phone call, e-mail, lunch, or coffee date never comes. Sisterhood 2 gives us the chance to vicariously stay close to everyone we love.

movie listings

- For movie listings go to *metronews.ca/movies.*

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Moving on
American Idol executive producer and So You Think You Can Dance judge Nigel Lythgoe, right, has announced he's leaving Idol to devote his time to a new development venture with fellow Idol mastermind Simon Fuller. **E! NEWS ONLINES**

🌐🌐🌐🌐🌐 A CLASSIC; 🌐🌐🌐🌐 EXCELLENT;
🌐🌐🌐 GOOD; 🌐🌐 FAIR; 🌐 POOR

A trifecta of silliness

Pineapple **Express**

Director: David Gordon Green
Stars: Seth Rogen, James Franco
Classification: 18A
Rating: 🌐🌐🌐½

STEVE GOW
for Metro Canada

These days, there likely isn't a much more critic-proof movie than Pineapple Express. Not only is it produced by comedy-king Judd Apatow but it was co-written by and stars Hollywood's favorite pot-smoking court jester, Seth Rogen. Throw in a shoot 'em up and it's a trifecta of silliness that's guaranteed to attract young audiences.

A simple story, Express is a Midnight Run-type caper about a dope-smoking process server named Dale (Rogen) who goes on the lam with his hapless drug dealer (James Franco) after witnessing a murder involving a dirty cop and a drug lord. Together, the two stoners run, hide and get wasted becoming unlikely pals amidst the chaotic action. And there is a fair amount of action. Rogen and co-writer Evan Goldberg were heavily inspired by such buddy/action fare as Lethal Weapon and it shows.

Sure, it's a hollow story and the pacing is uneven, but this comedy still works for its unique ability to craft extremely likeable characters that aren't usually portrayed likeable in the movies.

Just as they did with their script for Superbad, they do it again here.

Franco is surprisingly enjoyable as the Spicoli-inspired burnout Saul while Danny McBride (Hot Rod) is sure to be crowned this summer's McLovin, stealing scenes as an indestructible mid-level dealer with shaved armpits.

Don't ask.

As with Superbad, Apatow and Rogen have created an impossibly hip comedy about impossibly uncool characters. Further, they achieved an even more incredible feat: They resurrected Huey Lewis to pen an impossibly cool theme song. Who knew he still had it in him? Apparently, they did.

Screentimes

• Pineapple Express and The Sisterhood of the Traveling Pants 2 are in theatres today. For screentimes, please visit *metronews.ca/movies*.

The unreal facts of reality TV

IntelleVision

Rick McGinnis
rick.mcginnis@metronews.ca

THE REAL THING: "I did it because I needed the money," recalls Matt Kennedy Gould, who briefly lived in the queasy glare of reality TV fame when he appeared on Joe Schmo, Spike TV's barely discernible parody of the genre.

"I lived with my parents. I had just dropped out of law school. I was a regular pot smoker. I didn't want to work."

For anyone who's wondered aloud where they find the sort of people who agree to appear on reality TV, now you know.

Entertainment Weekly has a reputation — eminently deserved — for being a bubbleheaded publicity organ, so you have to read their piece on reality TV has-beens like Gould looking back on their often-toxic efflorescence of fame as an inadvertent rebuttal to the most popular complaint directed at reality TV — that it's a stage-managed lie meant to dupe gullible viewers with the appearance of reality.

Well, yes, of course it is, but the EW piece blandly confirms that reality TV viewers are blithely aware of all of this, and that speculating on the machinations behind the scenes, while enjoying the ragged morality play happening on the surface, has made reality TV viewing an experience as complex in its way as relaxing into the high-gloss edginess of an HBO drama.

You can't help but smile knowingly when you read Genevieve Deittrick's account of her time spent on the second season of Temptation Island with her fiancé Tony Schmitt.

"The producers really didn't like me too much. I went to college for criminal justice, forensics and ballistics, and you learn about interrogation methods where they deprive you of sleep, deprive you of food to wear you down, and after the first few days I realized that's what they were doing.

"We were hungry and it would be hours before we ate, and people's emotions would get high."

Contestants might be deprived of food, but they never lack for drink, according to several of the onetime reality inmates.

"You got gourmet chefs, you got Jacuzzis, you got all the alcohol you could want," recalls Billie Jeanne Houle, who appeared on Fox's Married By America.

Jennifer Braff, who did time on NBC's Age Of Love as one of the cougars competing for the affection of a younger man against a cohort of young things, recalls the show's reliance on social lubricants.

"You fill out your forms and tell a little about your personality.

"It said, 'What's your favorite drink?' And I said, 'I can get a little carried away with tequila.' Funny how tequila was always there."

Amanda Habrowski, who goes by the nickname "Ice" apparently, did a season on VH1's Flavor Of Love, and asked the unkind question "Who the hell could fall in love with Flavor Flav?"

She was in tears when she left the show, however, but explains that it wasn't about the rejection.

"We lived the good life out there. That's why I cried at the end. Everyone's like, 'You didn't even like him!' I'm like, 'I'm leaving a pretty mansion in California! I'm not going to be pampered anymore!'

"That's why I was crying, man."

"I went to college for criminal justice, forensics and ballistics, and you learn about interrogation methods where they deprive you of sleep and food to wear you down, and after the first few days I realized that's what they were doing. We were hungry and it would be hours before we ate, and people's emotions would get high."
Former Temptation Island contestant Genevieve Deittrick

Rick McGinnis writes about music, movies, books and television, but not opera.

CA	Vu	SC		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/6/08	267	351	- ACCESS	Law & Order: Criminal Intent		Perfect Drive	Simple Fresh	Supernatural (HDTV)		Supernanny		Help TV
	243	317	3 CFCN	eTalk	Jeopardy!	CSI: NY (HDTV)		So You Think You Can Dance The final four perform. (N)				News (N)
	-	-	4 BROAD	(4) Broadcast News News.		Broadcast News News.						
primetime	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Wife Swap "Graf/Medici"		Supernanny		Primetime (N)
	245	306	6 CBRT	Coronation St.	22 Minutes	Little Mosque	Sophie	Simple Plan (N)		CBC News: The National		The Hour
	244	338	7 CICT	ET Canada	Entertainment	Crime Stories (PA)		Bones		NCIS "Probie"		News Hour
	246	-	8 CKAL	Friends	Friends	Make Me a Supermodel		Rock of Love-Bret Michaels		Entourage	Entourage	Your City
	119	705	9 CBXFT	Des squelettes	L'Épicerie	La Petite Séduction (N) (SC)		Bons baisers de France (SC)		Le Téléjournal (N) (SC)		TJ Alberta
	-	-	10 SHAW	(6) Local Programming						Local Programming		
	-	372	12 KREM	News (N)	Hollywood	Friends	Scrubs	Greatest American Dog		Criminal Minds (HDTV)		CSI: NY
	-	374	14 KSPS	NewsHour With Jim Lehrer		Secrets of N.Y.	Secrets of N.Y.	Dancesport World		Nova scienceNOW (N)		Carrier (HDTV)
	502	390	15 CBC	CBC News: The National		The Nature of Things		CBC News: The National		CBC News: The National		Nature-Things
	-	370	16 KHQ	News (N)	Raymond	Jeopardy!	Wheel-Fortune	America's Got Talent		The Baby Borrowers (N)		Law & Order
	-	373	22 KAYU	'70s Show	The Simpsons	Two/Half Men	Two/Half Men	So You Think You Can Dance The final four perform. (N)				News (N)
	297	652	37 WPIX	Pussycat Dolls: Girlicious		CW11 News at Ten		Two/Half Men	Friends	Sex and-City	Will & Grace	Frasier
news	500	500	29 CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502	31 CNN2	Glenn Beck		Nancy Grace		Showbiz Tonight		Glenn Beck		Nancy Grace
sports	400	400	21 TSN	MLB Baseball		SportsCentre (HDTV) (Live)			Off the Record	Boxing Wednesday Night Fights.		
	408	418	27 net	Heads-Up Poker		Air Racing From San Diego.		World Combat League		Sportsnet Connected		Ult. Fighter
	410	403	30 SCORE	(6) To Be Announced		Score Tonight	To Be Announced					Score Update
	411	457	44 OLN	The Rig	Dirtbusters (N)	Word Travels	Globe Guides	Pilot Guides		Don't Forget Your Passport		Ed's Up
	417	406	48 SPEED	Pinks (HDTV)	Pinks Outtakes	Wrecked	Wrecked	Pinks	Pass Time	Am. Thunder	Am. Thunder	Pinks (HDTV)
family	552	543	20 YTV	Drake & Josh	iCarly	Prank Patrol	Prank Patrol	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Falcon Beach
	557	541	39 FAM	Zoey 101	Life Derek	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	555	545	67 TOON	6teen "2-4-1"	Johnny Test	George-Jungle	Tom & Jerry	Tom and Jerry	6teen	Total Drama	Futurama	*Dark Crystal*
cable variety	575	583	11 CMT	Reba	Hope & Faith	Home Improve.	Roseanne	Tara Diaries	Living, Dream	Reba	Hope & Faith	Home Improve.
	553	546	17 TREE	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	-	-	18 CHTV	'70s Show	E! News	Live From the Red Carpet		Janice Dickinson Modeling		True Hollywood Story		News (N)
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568	23 W	Shopping Bags	House	Will & Grace	Friends	Shopping Bags	Style by Jury	Smart Cookies	Stuck	Real Women
	521	560	24 TLC	Jon & Kate	Jon & Kate	Take Home Nanny "The Gils"		Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Home Nanny
	603	561	25 FOOD	Iron Chef America		The Next Food Network Star		Challenge		Iron Chef America		Next Food Star
	615	520	26 A&E	Bounty Hunter	Bounty Hunter	Criss Angel	Criss Angel	Criss Angel Mindfreak		Bounty Hunter	Bounty Hunter	Bounty Hunter
	617	522	32 SHOW	Trailer Park	Billable Hours	ReGenesis (HDTV)		Da Vinci's Inquest		Trailer Park	Rent-A-Goalie	Big Love
	601	562	33 SLICE	Work Out		Inside Hollywood (N)		X-Weighted Dancer.		Work Out		Inside Hollywd.
	-	633	34 ENC2	(6:55) *Bullet to Beijing* ★★ (1995, Suspense), Mia Sara				*Vision Quest* ★★ (1985, Drama)			(10:45) *Lost & Found* (1999)	
	520	505	35 DISC	Sport Science (N)		Mayday		Daily Planet		MythBusters		Dirty Jobs
	620	523	36 BRAVO	Mad Men "Shoot"		Entourage	Bravonews	Law & Order		Without a Trace		Entourage
	294	650	40 WPCH	(6) *The Wood* (1999)		Frasier	Seinfeld	Friends	Friends	Frasier	Cheers	*The Wood*
	626	547	41 COM	Laughs	Comedy Now	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	Lewis Black
	-	539	42 TCM	(6) *The Miracle Worker*		*The Graduate* ★★★★ (1967, Comedy) Dustin Hoffman.				*The Prisoner of Second Avenue* ★★★ (1975)		
	628	584	43 SPIKE	UFC Unleashed		Real Vice	Real Vice	UFC Unleashed		CSI: Crime Scene Invstgtn.		Trek: Voyager
	522	516	45 HIST	Disaster-Cent.	Masterminds	NCIS "Boxed In"		*Hiroshima* ★★★ (1995, Drama) Lynne Adams.				NCIS
	627	528	46 SPACE	Smallville "Traveler"		Supernatural		Stargate SG-1 "Heroes"		Star Trek: Voyager		Star Trek: Ent.
	-	-	47 AMC	(6) *The Guns of Navarone* ★★★ (1961, War) Gregory Peck.					*Quigley Down Under* ★★ (1990, Western) Tom Selleck.			
	619	525	49 TROP	What Happen?	Vanity Insanity	TV Made, Do It	TV Made, Do It	ET Canada	What Happen?	Family Guy	Seinfeld	Seinfeld
	600	564	50 HGTV	Property Virgin	Unsellable	Flipping Out "Tear Down"		Holmes-Homes	Holmes-Homes	Property Shop	Big City Broker	Property Virgin
	501	391	52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	504	508	70 BNN	Taking Stock		Market Call		Business News		Market Call	Workopolis TV	Taking Stock
	526	507	92 CLT	Casanova's Love Letters		Traders Gardner/Ross.		The West Wing		The District		Paul Merton
	269	350	93 APTN	News	News	Ted Nolan: Behind the Bench		Running Against Crime		The Journey Monica Pinette.		Highlight
	-	-	94 MCP	(6:30) News	News	The Land	Daughters-Law	Van. Nights	Iranian Pop	Sabor Latino		Hola Que Tal
	571	581	100 MMM	Tip of Tongue	Tip of Tongue	Don't Forget the Lyrics!		Celebrity Rehab With Dr. Drew		Don't Forget the Lyrics!		Popaganda
	570	580	101 MM	The Shift		America's Best Dance Crew		Born to Be	Totally Untrue	Punk'd	America's Best Dance Crew	
	581	566	102 MTV	Run's House	Buzzin	Buzzin	Run's House	MTV Live	Second Half	From G's to Gents		Buzzin

critics' corner

Supernatural
Fans knew Dean's (Jensen Ackles) days were numbered, but he wasn't supposed to go like this. In the gut-wrenching episode "Mystery Spot," Dean is fatally shot while he and Sam (Jared Padalecki) are investigating a man's disappearance. Sam's grief turns to surprise when he wakes up the next day to find his brother alive — but that's only because he's reliving the previous day, "Groundhog Day"-style, and seeing Dean die every day for weeks. 8 PM on SPACE ACCESS

The Baby Borrowers
The idea behind this show was to give young people eager for parenthood a taste of what it's like — in hopes of dissuading them from rushing into it. The series ended last week, but in this new "Town Meeting" episode, those who took part reunite to talk with one another and the producers about the experience and its impact on their lives. Let's hope they learned something. 10 PM on KHQ

Splitsville

Heather Graham is single again after splitting from boyfriend Charles Ferri. The actress, 38, and the club boss had been dating for two years. A source tells People magazine the relationship was "pretty serious." IMDB.COM

Celebrity Buzz

Oprah hauls $385 million

EARNINGS Oprah Winfrey earns a whopping $385 million US a year.

Simon Cowell banks $50 million.

David Letterman? $32 million!

They're among the stars who appear in TV Guide's annual star salary survey, based on information from TV industry insiders and published sources, usmagazine.com reports.

According to TV Guide, Charlie Sheen is the highest-paid comedy star on primetime television, with $825,000 per episode.

CSI's William Peterson — who is leaving the show this upcoming season — is the highest-paid actor in a prime-time drama, earning $600,000 per episode.

With $400,000 an episode, Law & Order: SVU star Mariska Hargitay is the highest-paid actress in a drama. Kyra Sedgwick takes home $275,000 per episode of TNT's The Closer, making her top- earning actress on a cable network drama.

Some stars make serious money without appearing on TV at all.

Family Guy creator Seth MacFarlane, who supplies the voice of lead character Peter Griffin, just signed a deal with Fox that will net him $100 million through 2012.

And The Simpsons cast — Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith and Hank Azaria — each earn $400,000 per episode.

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Sexy Eva ad axed

ADVERTISEMENT Actress Eva Mendes' saucy perfume advertisement for Calvin Klein has been boycotted by several U.S. TV networks, imdb.com reports.

Bosses at national broadcasting stations are refusing to air the commercial for the company's Secret Obsession fragrance, in which the nude star writhes seductively on a bed.

Tom Murry, president of Calvin Klein Inc., tells the New York Daily News, "We believe the commercial is exceptional and hits the mark for Secret Obsession. We are anticipating a very successful global launch."

A censored clip is expected to be shown on U.S. cable networks after the 9 p.m. watershed, while the unedited version will air in full in other countries.

METRO NEWS SERVICES

celebrity brief

Olsen denies drug connection

DEATH Mary-Kate Olsen "had nothing whatsoever to do with the drugs found in Heath Ledger's home or his body, and she does not know where he obtained them," her attorney, Michael C. Miller, tells Usmagazine.com. The New York Post reported Monday that Olsen, 22, is refusing to talk to investigators about Ledger's death until she is granted immunity.

METRO NEWS SERVICES

celebrity brief

Paris too busy for stage role

THEATRE Socialite Paris Hilton turned down the chance to take to the stage in London's West End, because the play didn't fit in with her schedule, imdb.com reports.

The hotel heiress was recently approached to take on the role of Roxie Hart in hit musical Chicago.

But Hilton turned down the part because it meant she would have to endure a gruelling six-day week.

"I was flattered," she said, "but with my schedule, there was no way I could fit it in."

METRO NEWS SERVICES

No fertility help needed

FAMILY Actors Angelina Jolie and Brad Pitt are setting the record straight about their newborn babies, Knox and Vivienne, intouchweekly.com reports.

Jolie denies Us Weekly's recent report that she underwent fertility treatments.

"If they had been conceived though IVF, we would have been happy to discuss it," she tells People magazine about the twins, who were born on July 12. "But we have been fortunate never to have had fertility problems."

METRO NEWS SERVICES

Tori wants hubby in 90210

FAMILY Actress Tori Spelling has launched a bid to land her husband Dean McDermott a guest spot alongside her in the forthcoming Beverly Hills 90210 spinoff, femalefirst.co.uk reports.

"Tori asked the producers to find a spot for him, maybe a guest-starring role that could turn into something permanent," a source tells the magazine.

METRO NEWS SERVICES

"This makes no sense at all..."

by Joe O'Neill

Anyone investigating **Mary-Kate Olsen** in the matter of **Heath Ledger**'s death is playing a dangerous game. If you're as familiar as I am with the movies she made with her sister Ashley, such as It Takes Two, Our Lips Are Sealed, and New York Minute, you'll know she's an expert at switching places with her twin in order to flabbergast adults and get what she wants. It's probably the only skill she possesses, other than going up to 10 days without blinking, dressing like an alien overlord, and sharing her OxyContin, but I digress.

Once more, **Angelina Jolie** has displayed the sheer vastness of her compassion by brushing off claims that she and **Brad Pitt** conceived their new twins with the aid of fertility treatments. She knows the little people, like you and especially me, need to believe in the divine powers of our celebrities, including their ability to procreate. Also, we won't get through to breakfast tomorrow if robbed of our mental images of people far more attractive than us humping. I think the U.N. gives out commissions for that kind of service, and I nominate Angie.

You can't really blame **Paris Hilton** for turning down the six-day work week of the theatre in order to maintain her schedule of go to club, go to other club, go to other other club, make sex tape. Either way, the performance ends up being terrible.

Shannon denies engagement with Dancing partner

RUMOURS Actress Shannon Elizabeth has laughed off reports she is engaged to her former Dancing With The Stars partner Derek Hough, imdb.com reports.

The couple met when the American Pie star was paired up with the dancer to compete in the 2008 series of the talent competition, in which they came in sixth place.

Star magazine reported last month that their relationship was going so well, Hough had proposed to Elizabeth but she turned him down.

But the 34-year-old claims there is no truth to the speculation, insisting they are happy as boyfriend and girlfriend.

"There's this whole weird rumour going around," People.com reports.

"One of them says that he proposed and I said no, and the other says he proposed and I said yes, and we're getting married. Neither one is true."

METRO NEWS SERVICES

Miley babysitter for Simpson?

PEOPLE Miley Cyrus wants to babysit for Pete Wentz and Ashlee Simpson, femalefirst.co.uk reports.

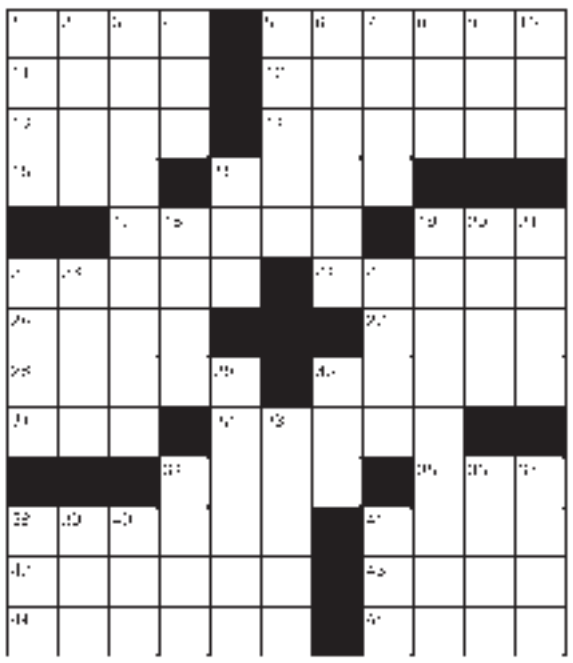
The Hannah Montana star "worships" Simpson — who is expecting her first child with husband Wentz later this year — and was the first to offer to look after the as-yet-unborn baby.

"I just met your beautiful wife backstage. I worship her — I'll babysit!" Cyrus said to Wentz at a taping of his TV show F'N MTV.

METRO NEWS SERVICES

Directoral debut
Actor Mark Ruffalo is set to make his feature directing debut on the drama Sympathy for Delicious. Ruffalo will pull double duty on the film, co-starring along with James Franco and writer-actor Chris Thornton. **E! NEWS ONLINE**

Take Five



Crossword down

1 Silly
2 Verdi piece
3 They never pay
4 Used a couch
5 Convenes
6 Progress
7 Plunge
8 Hunk of gum
9 Grow older
10 "Sure thing!"
16 Shrewd
18 Truck part
19 Ties in races
20 Gawk at
21 Informed
22 School event
23 Enjoy a novel
25 Sacred bird of Egypt
29 Mob member
30 Melody
33 Squander
34 Mediocre
36 In a frenzy
37 St. Louis team
38 Pigged out
39 Writer Harper
40 Put down
41 Cote cry

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Crossword across

1 June honorees
5 Carnival section
11 Neighbourhood
12 Infuriate
13 Edict
14 Eats away
15 Small bit
16 Terminate
17 Toy plane material
19 Braille unit
22 College head
24 Painter Rivera
26 Authentic
27 Ump's call
28 Western
30 Helped out
31 Hosp. workers
32 "That would be great!"
34 Take wing
35 Musical ability
38 Portions out
41 Crimson Tide school
42 Social service
43 Cyclotron bit
44 Pal of Pooh and Piglet
45 Calls for

previous day's answer

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
You'll be taken off guard at a meeting. Someone has made noise too many times. A woman will pretend to be poverty-stricken.

TAURUS
APRIL 21-MAY 21
Give compliments to a neglected person. Someone will try to use humour to relieve tension. You'll be unsure about dreams of power.

GEMINI
MAY 22-JUNE 21
Don't fail to measure up to your own wisdom. A connection from the past resurfaces. Somebody wants out of an agreement.

CANCER
JUNE 22-JULY 22
A man's inspiring love is discovered. Don't return to the scene of a crime. Temperature becomes an impediment.

LEO
JULY 23-AUG 23
Never mind past troubles; just get on with your life. Attend to your hair and scalp needs. There's nothing worth hearing from a cynic.

VIRGO
AUG 24-SEPT 22
Something's got to give in unhappy relationship. Don't intimidate a harmless person just for fun. A sizzling seduction has an impact.

LIBRA
SEPT 23-OCT 23
A romantic fling can satisfy while easing anxiety. Avoid meddling. Someone will speak the magic word. Come up with some bright ideas.

SCORPIO
OCT 24- NOV 22
Mood related incidents cause heated debates. Co-workers will leave you holding the bag. Refuse to use trickery to get what you want.

SAGITTARIUS
NOV 23- DEC 21
Gain an advantage by doing less than expected. A boss needs help with a telephone call. Romance thrives in the evening.

CAPRICORN
DEC 22-JAN 20
Legal problems involve personality issues. Protect yourself from people who demand too much. Try to be less predictable.

AQUARIUS
JAN 21-FEB 18
You have nerve, power and talent. Love letters excite ripples of satisfaction. Refuse to be tormented by jealousy.

PISCES
FEB 19-MAR 20
Painful memories are shared with others. A troublesome situation will be to your advantage. A tantrum grates on jagged nerves.

Sudoku

		6				9		
	7	1	2		4	3	6	
8	3						1	4
			1	2	9			
				5				
			7	8	3			
4	9						8	3
	5	2	3		8	6	7	
		8				5		

HOW TO PLAY SUDOKU:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

7	3	1	6	9	8	2	5	4
5	6	8	3	2	4	7	1	9
2	4	9	1	7	5	3	8	6
3	1	4	9	6	2	8	7	5
9	8	7	5	1	3	6	4	2
6	2	5	8	4	7	9	3	1
1	7	3	2	5	6	4	9	8
4	9	2	7	8	1	5	6	3
8	5	6	4	3	9	1	2	7

SUDOKU SOLVE TIME IN MINUTES:
Under 13. . . . . Genius
13-17 . . . . . Scholar
17-21. . . . . Smart
21-25 . . . . . Not bad
25+ . . . . . Keep practising
more games metronews.ca

STICKELERS
by Terry Stickels
A word and its anagram are used to complete the sentences below.
The twins couldn't have been any more different. Tyler was quite _____. He was chattering from morning until bedtime. Troy was just the opposite. He was always quiet. He saw and heard everything. He would listen, think and _____.
Yesterday's Answer
The answer is -25.
The sequence is built like this:
208 156 173 140 95 41 -25
-52 -17 -33 -45 -54 -66
35 16 12 9 12
-19 -4 -3 3
15 1 6
-14 5
-9

This day in history

AUG. 6, 1914: World War I: Serbia declares war on Germany; Austria declares war on Russia.
AUG. 6, 1926: Gertrude Ederle becomes first woman to swim across the English Channel.
AUG. 6, 1926: Harry Houdini performs his greatest feat, spending 91 minutes underwater in a sealed tank before escaping.
AUG. 6, 1945: World War II: Hiroshima is devastated when an atomic bomb, "Little Boy", is dropped by the United States B-29 Enola Gay. Around 70,000 people were killed instantly, and some tens of thousands died in subsequent years due to burns and radiation poisoning.
AUG. 6, 1962: Jamaica becomes independent.

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Calgary weather

The Weather Network theweathernetwork.com

Afternoon	Tonight	Thursday	Friday	Saturday
Sunny. 26°	Clear. Low 11°	Partly cloudy. 27°/ 13°	Sunny. 28°/ 12°	Sunny. 27°/ 11°

Temperature
Normals
High: 23.9°
Low: 8.9°

Records
High: 33.9°/1997
Low: 0°/1889

Sunrise: 6:09 a.m.
Sunset: 9:13 p.m.
Moonrise: 12:52 p.m.
Moonset: 10:47 p.m.

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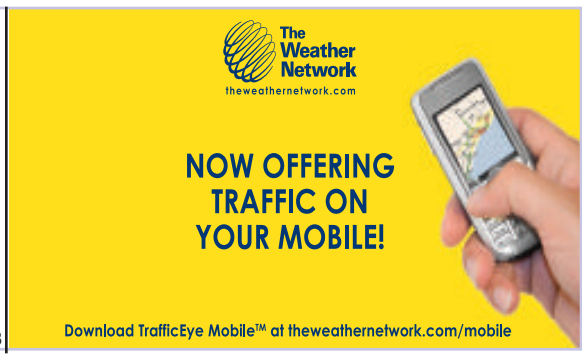

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